



<p>Mindfulness w/Rachel 2:00—3:00 Art Room</p> <p>Skills Applications w/Karen & Morgan 3:30 – 5:00</p>		<p>Women's Seeking Safety w/ Rachel L, Kelly and Melissa 2:00—3:15</p>	<p>2:00—3:00 Art Room</p>	<p>Continued Next Page</p>		
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